



**Institute of Quarrying New Zealand (Inc)**

# **WORKER HEALTH WEBINARS**

**Webinar Schedule:**

- Webinar 1 – 02 October 2024 (8am-10am)
- Webinar 2 – 09 October 2024 (8am-10am)
- Webinar 3 – 16 October 2024 (8am-10am)

**CPD Hours:** 6-hours unrestricted activity

**Topics:**

1. *Management of Fatigue*
2. *Management of Temperature Extremes – Cold and Heat*
3. *Respiratory Issues Management*
4. *Helpful resources*

**Cost:**

- *\$100 IOQ Member*
- *\$100 IQA Member*
- *\$200 Non-Member*